



Behavioral and Mental Health Services At Your School

Behavioral and mental health treatment and prevention services are available at various central Ohio schools. These services offer a patient- and family-centered care approach to student success and mental health and wellness. If your child is experiencing social, emotional and/or behavioral challenges, you can get help from a licensed therapist on-site at your child's school through Nationwide Children's Hospital's Care Connection.

Reasons for your child to visit a school-based behavioral and mental health therapist:

- suicidal thoughts and behavior
- sadness or depressed mood
- anxiety or excessive worry
- panic attacks
- mood swings
- aggression
- dropping grades
- learning disabilities
- trouble focusing in class
- disruptive classroom behavior
- school avoidance/attendance problems
- social isolation
- loss of interest/motivation in activities
- bullying
- challenges with communication skills
- conflict with family, friends, or peers
- family adjustment or stress
- grief/loss
- alcohol/drug use
- trauma exposure and reactive behavior

What services are provided?

- Individual and family therapy – Involves meeting once or twice per week at school, at home or at another location in the community and continues through scheduled school closures and inclement weather days. Students and families will meet with a licensed therapist and discuss their challenges impacting student success.
- Group therapy – Involves meeting once or twice per week, for six to 12 weeks and continues through scheduled school closures and inclement weather days. Students will meet at school or at another location in the community and discuss topics with their peers who are experiencing similar challenges impacting student success.
- School-wide prevention programs – Involves wellness and education programs that teach students to manage a variety of challenges related to suicide, emotions, depression, anxiety, trauma, peer relationships, family conflict, and more.

How can you schedule an appointment?

- Call (614) 355-2590.

Visit [NationwideChildrens.org/Care-Connection](https://www.nationwidechildrens.org/Care-Connection) for more information.



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When your child needs a hospital, everything matters.™